

BRYNWOOD 'TIDE' SWIM TEAM

2017 Team Information

It's time to sign up for BST! We are going for another **Division 1 Championship** and need all our awesome BST swimmers there to ride the 'tide' with us!



CSRA Swim League

The CSRA Swim League is comprised of 20 teams divided among 4 divisions. Brynwood will be competing in Division 1, the top division, along with 3 other teams. The season will consist of 4 dual meets (3 against Division 1 teams, 1 against a Division 2 team). Division competition culminates with the Divisional Championship meet at the Augusta Aquatics Center. The top 20 individuals in each event from each age group are then invited to compete in the season ending All-Star Meet at the Aquatics Center.

Communications

Communications with the team members/parents will be primarily through Remind texts & Facebook. Email will be used as well. Our BST email address is brynwoodswim2017@gmail.com. **Text @bst201 to 81010 to receive real time texts** & like our Facebook page <https://www.facebook.com/BrynwoodSwimTeam/> to get updates about pool closings, practice cancellations, meet updates and all things BST! Meet and volunteer signups will occur on the Volunteer Spot website. You can email the coaches or the team representatives at the emails given below.

Coach: Lindsay Wallace, bigl18@comcast.net

Coach: Brennan Day, bpd16@gmail.com

Team Representative: Mike Groves, groves_mike2001@hotmail.com

Pete Wilkinson, seminolepete1@gmail.com

Team Secretary: Kathlene Wilkinson, kwstmarys@gmail.com

Volunteer Coordinator: Rebecca Pattillo, rebeccapattillo@gmail.com

Social Coordinator: Nicole Pennington, nicoleyoungpennington@yahoo.com

Coaching Staff

Head Coaches: Lindsay Wallace & Brennan Day - Current Georgia Tech Varsity Swim Team members and CSRA swimming standouts with a combined 29 years of swimming experience and 12 years of CSRA coaching experience!

Assistant Coaches: Mike Jeschke, Claire Harmon, Erin Day, Madison Spensley, Annabelle Potet

Junior Coaches: Junior Coaches are rising 9th graders or older, who would like to earn volunteer hours (Confirmation, school requirement, etc.) and gain some initial coaching experience. If interested, please contact Coach Lindsey at bigl18@comcast.net.

Eligibility

- A child must be between 4 and 18 years of age as of June 1, 2017.
- Swimmers must be registered and all fees paid prior to swimming with the team.
- Swimmers are required to be able to swim the length of the pool (25 yards) under 2 minutes 30 seconds without help. If a swimmer's ability to swim the length of the pool in the allotted time is questionable, he/she may attend the first week of practice and the coach will determine eligibility. Swimmers will not be able to participate in a swim meet until they can swim 25 yards under 1 minute 30 seconds. This is a swim team and is not considered swim lessons.
- New swimmers may withdraw from the team and receive a full refund before the end of the first week of practices if they are unable to meet eligibility requirements.
- Parents must be available to volunteer at meets. Please refer to the volunteer section for more details.
- A possibility exists that we would have to limit registration if numbers exceed our limits.

Fees Make checks payable to "Brynwood Swim Team"

Registration fees pay for coach's salaries, CSRA swim league dues, swimmers' t-shirts, swim caps & awards. No refunds will be issued after end of the first week of practice. ASL swimmers' receive a discounted rate because they do not use coaching or lane space as much as non-ASL swimmers.

Brynwood Swim and Racquet Club Members: \$65 1st swimmer (\$5 discount for each sibling), \$50 for ASL swimmers (no \$5 discount for ASL siblings).

Non-Brynwood Swim and Racquet Club Members: \$110 1st registrant (\$5 discount for each sibling), \$50 for ASL swimmers (no \$5 discount for ASL siblings).

Equipment

Our new team suits for the girls are the Dolphin Uglier *Surfari*. Boys will wear black jammers with BST embroidered on the back. Suits may be purchased at Augusta Swim Supply, located at 256 Boy Scout Road (telephone 706-738-0072). Let them know you from Brynwood Swim Team and they will help you with your size. **Swimmers are expected to wear their official BST suits, t-shirts, and caps to all meets.** T-Shirts and caps are included in the registration fee. T-shirts come in Youth (small, medium, large) and Adult (small, medium, large, XL) sizes. Parents and other family members are welcome to order additional t-shirts at \$12/shirt. All bulk orders will be placed by May 12th. Any new shirts orders placed after that date may require additional charges.

Practice & Stroke Clinics

The only way to become a better swimmer is through practice. Therefore, attendance is critical to your child's personal success this summer. Once all local schools are out, practice will be offered mornings and evenings on the days and times indicated below. **Morning practice is the preferred practice to attend as we are limited to four lanes in the evening and more coaches will be available in the morning to provide better individual stroke attention.** The coaches need swimmers to wear goggles to every practice. There will be no morning practice on Wednesdays because of Tuesday night swim meets. Swimmers can change groups based upon their ability, but approval from the coaches is required. Time trials will be held on **Thursday May 25th at 6:30PM** for all new swimmers and swimmers who age up to swimming 50's. Stroke Clinics will be held on the dates listed below. These clinics have a limited number of spots and must be reserved in advance. Clinics will be drill clinics where swimmers work intensively on a specific stroke. Swimmers must be at least 7 and semi-proficient in the strokes.

May 8 - May 11

7-10 5:30-6:15 PM

6 & Under: 6:15-7:00PM

No Practices for 11 & Up

May 15 - May 25

11 & Up: 5:45-6:30PM

7-10: 6:30-7:15PM

6 & Under: 7:15-7:45PM

Stroke Clinics 7yrs & Older

Must be semi-proficient in the stroke

\$10/swimmer/clinic snack included

Friday, May 26th - Butterfly 8:30-10:15

Wednesday, May 31st - Breast 8:45-10:15

Friday, June 2nd - Starts & Turns 11 & Over 8:30-10:15

Wednesday, June 7th - Free & Back 8:45-10:15

Wednesday, June 14th - Starts & Turns 10 & Under 8:45-10:15

Friday, June 16th - TBD (whatever needed) 8:30-10:15

Wednesday, June 21st - Championship Prep 8:45-10:15

May 30 - June 22

MORNINGS - Mon, Tue, Th

6 & Under: 8:30-9:15

7-10: 9:15-10:00

11 & Up: 10:00-11:00

EVENINGS—Mon, Wed, Th

11 & Up: 5:45-6:30

7-10: 6:30-7:15

6 & Under: 7:15-7:45

Note: Beginner swimmers who need individual attention may swim with a younger age group while experienced swimmers may swim up a level, if recommended by the coaches.

Swim times and age groupings are tentative and subject to change based upon number of swimmers registered.

Swim Meets

All meets begin at 6:00pm. Please be at the pool **NO LATER THAN 4:45 PM FOR HOME MEETS & 5:00 PM FOR AWAY MEETS**. If a meet is called because of inclement weather prior to the completion of event 37, then the meet can be rescheduled to the Thursday of the same week. This decision is made jointly by the officials for the meet, the team representatives, and coaches. If a decision is made to call a meet prior to the start, an e-mail/text/Facebook post will go out. **It is very important that the coaches be notified if your swimmer will not be participating in a meet, especially if they become ill the day of the meet.** Our goal is to make sure every child has the maximum number of opportunities to swim (including relays), but in order to make this happen, the coaches **MUST** know who is going to be present at a meet. There will be meet attendance rosters posted at the pool at least one week in advance of the meet for the swimmers to declare their intentions. You must let the coaches know on or before Thursdays practice if your child will not swim in the upcoming meet.

*****Once your swimmer is entered in an event, a parent MUST tell a coach immediately if they need to leave early from the meet. Especially if they are in a relay, this swimmer could cause a forfeit of their relay team if we cannot make corrections prior. Also, it could result in three other swimmers missing a chance for swimming in a relay, a ribbon and points for the team.*****

Meet Schedule

Thursday, May 25 - Time Trial Meet @ Brynwood; 6:30 PM (All new swimmers and 11 year-olds aging up to swimming 50's at meets)

Tuesday, May 30 - Brynwood @ Riverwood

Tuesday, June 6 - Hammond Hills @ Brynwood

Tuesday, June 13 - Houndslake @ Brynwood

Tuesday, June 20 - Brynwood @ Montclair

Saturday, June 24 - Division 1 Championship Meet @ Augusta Aquatic Center; 8 AM Warm-up; 9AM Start

Please plan to attend this meet. Our goal is to have full team participation.

June 26 All-Star Meet @ Augusta Aquatic Center 6PM (for 10 & Under) 8PM (for 11 & Up)

Meet Volunteering

The swim team program cannot be successful without the support of parents. There are many volunteers needed for every meet. **To adequately staff each meet, one parent from each family will be required to volunteer for one-half of each meet in which your child is a participant.** We will be using Volunteer Spot (an online volunteer sign up web site) to fill all our spots needed to help us run a successful meet. If you are unable to fulfill your assigned area at the time of the meet, you are responsible for finding a substitute. **Our Team Meet Volunteer Coordinator is Rebecca Pattillo.** Parent volunteers serve in the following positions at meets. *Home meets only.

Timers: Uses stop watch to time swimmers in each event and record times (14 people, 7 each 1/2)

Stroke & Turn Officials: *Certification Required Judge swimmers stroke accuracy during events (4 people, 2 each 1/2)

***Starter/Referee:** *Certification Required Officiate meet and start each event (1-2 people)

***Runners:** Take timing and disqualification slips to scoring table (4 people, 2 each 1/2)

Scoring Table: Helps with timing slips, calling out times, and verifying data (2-4 people)

Shepherds: Help younger swimmers (6& Under, 7-8 yrs old) get to their events (6 people, 3 each 1/2)

This year it will be mandatory for a parent of all 8 & Under swimmers to volunteer for 2 meets as a Shepherd.

***Concessions:** Help with concession sales during the at home meets. (4 people)

***Meet Setup/Breakdown:** Help to setup benches for 8 & Unders, speakers, flags, table, PA system, watches, stoke & turn slips, pencils, air horns, airheads, event numbers. (4 people)

***Event Turner:** Turn the number chart as each event comes up. (2 people, 1 each 1/2)

Swimmer Check-In: Check all swimmers in at the beginning of the meet. (1 person)

***Candyman/Waterboy (Candywoman/Watergirl):** Pass out Airheads to the winners of each heat & water to timers & officials throughout the meet. (2 people, 1 each 1/2)

Delivering Benches for Away Meets: Volunteer with a truck deliver the lane benches to the away meet site & return them to Brynwood. (1-2 people)

Social

Nicole Pennington, our social events organizer, will be organizing concessions for our home swim meets. If you are willing to help, please get in touch with her. More information will be available closer to the meets. **Our Brynwood Awards Party will be held after the conclusion of the season. The date is TBD. Please plan on attending to celebrate the 'Tide'!**

We are looking forward to a great 2017 season!! Go Tide!

BST 2017!

Our team email address is brynwoodswim2017@gmail.com

To receive messages via text:

Text **@bst201** to **81010**. You can opt-out of messages at anytime by replying,
'unsubscribe @bst201'.

Trouble using 81010? Try texting

@bst201 to **(706)321-4251** instead.

WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a free, safe, and simple messaging tool that helps us share important updates and reminders with swimmers & parents. Subscribe by text, email or using the Remind app. All personal information is kept private. The coaches/team representatives will never see your phone number, nor will you see theirs.

Like our Facebook page at:

<https://www.facebook.com/BrynwoodSwimTeam/>

